



# GHANA OPTOMETRIC ASSOCIATION



## THE OCULUS,

A NEWSLETTER OF THE GHANA OPTOMETRIC ASSOCIATION

### IN THIS ISSUE:

- 01. Welcome Note
- 02. Executive profile
- 03. Calendar 2017
- 04. CPD 2017
- 05. Stakeholders Meeting/  
Emergency AGM
- 06. 2017 AGM
- 07. ODs Breaking Fronts

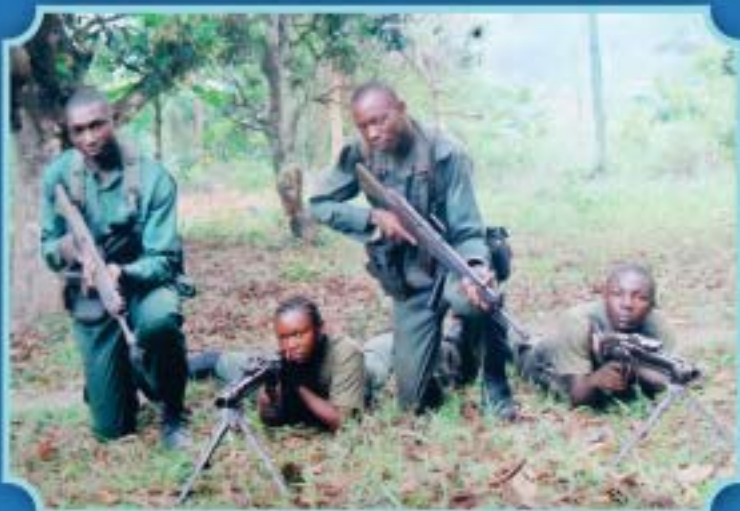
### *Welcome Note*

Its a pleasure writing the welcome note for this maiden edition of Ghana Optometry newsletter. Let's call it THE OCULUS...  
....page 1

### NEXT ISSUE:

- 0.1 Research Publications
- 0.2 Zonal Updates
- 0.3 Zonal CPDs
- 0.4 Sponsors Time

## ODs Breaking Fronts



### 2017 AGM



GHANA OPTOMETRIC ASSOCIATION

## ANNUAL GENERAL MEETING & Continuing Professional Development

### 2017

Theme:

**OPTOMETRY, SURMOUNTING CHALLENGES  
IN EYECARE DELIVERY**

Venue: Ho

Date:

**Thursday 12th -  
Saturday 14th October 2017**

**Avaprost**  
Trivaprost USP 0.004% w/v  
Sterile Eye Drops

with **Safe** preservative

**IONIC BUFFERED SYSTEM**

Contains: Borate, Propylene Glycol, Sorbitol, Zinc

Ensures **Safety** to cornea in long term use

## Welcome Note

It is a pleasure writing the welcome note for this maiden edition of Ghana Optometry newsletter. Let's call it **THE OCULUS**.

The idea behind this publication is to have a quarterly writeup, which would educate us on Happening in Ghana and Optometry world wide. We seek to advance this newsletter to the point where it can rub shoulders with other international scientific journals in the industry.

Its content for now, will be limited to local authors and local information. As we firmly establish its credibility and acceptance, we hope to open up to Africa and then to the world.

Be assured of a well composed team, made up of our educational committee with an independent editor, to peruse and ensure quality content. Modalities for sending in information is spelt out clearly.

Let's read , discuss and contribute to the success of **THE OCULUS**.

## EXECUTIVE PROFILE

**D**.S.P. Dr. Remi Ninkpe holds a Doctor of Optometry degree from the Kwame Nkrumah University of Science and Technology, Kumasi.

He currently heads the eye unit of the Ghana Police Hospital, Accra. He has an unwavering interest in specific occupational vision therapy.

He also seeks to uplift the corporate image of optometry in the health care industry and establish a proficient and formidable GOA.

...President



## EXECUTIVE PROFILE

**D**r. Samuel Bert Boadi-Kusi holds a Doctor of Optometry degree from the University of Cape Coast.

He also holds a Master of Philosophy in Population and Health and a Doctor of Philosophy (Ph.D) in Optometry from the University of Kwazulu-Natal.

He is currently a lecturer at the Department of Optometry in the University of Cape Coast.

His interest is in advocacy for proper recognition of Optometry as a profession in Ghana. He also has interest in clinical, environmental and occupational optometry.

Vice President



**D**r. Paa Kwesi Fynn Hope holds a Doctor of Optometry degree from the Kwame Nkrumah University of Science and Technology, Kumasi.

He currently works as a Senior Optometrist at Bishop Ackon Memorial Christian Eye Centre, Cape Coast.

Secretary.

**D**r Alfred Gardemor holds a Doctor of Optometry degree from the Kwame Nkrumah University of Science and Technology

He also holds a Master of Business Administration in Health Service Management. He currently works as a Senior Optometrist at the Nsawam Government Hospital, Nsawam, Eastern Region.

His major interest is in the development and efficient running of healthcare delivery systems, by employing principles of business management.

With his background, he seeks to promote and establish optometry as a major player in primary and secondary eyecare delivery in Ghana.



P.R.O.

## EXECUTIVE PROFILE



**D**r. Rosemond Attobrah holds a Doctor of Optometry degree from the Kwame Nkrumah University of Science and Technology, Kumasi.

She has special interest in Low vision care services and seeks to strengthen the role of optometrists in primary eye care delivery in Ghana.

Currently works as an Optometrist at Holy Family Hospital - Berekum.

Financial Secretary



**C**apt. Dr Rachel Nana Agyemang Demanya

Hyderabad - India with special interest in Low Vision.

holds an OD, Doctor of Optometry degree from The Kwame Nkrumah University of Science and Technology

Worked at the Regional Hospital - Koforidua as a Low vision specialist and now with The Ghana Armed Forces at 37 Military Hospital

Also has a fellowship in Clinical Optometry at L. V. Prasad Eye Institute,

Treasurer



**D**r. Kwame Oben-Nyarko is an optometrist with a Doctor of Optometry degree from the Kwame Nkrumah University of Science and Technology as well as a Master's in Business Administration (Health Service Management). He has been practicing optometry for the past eight years and currently runs both Third Eyecare and Vision Centre as well as Pekon Med Ghana Limited.

His interest are using his knowledge and skills acquired over the years to make the Optometry brand stronger in Ghana than it has ever been as well as helping massively reduce the burden of childhood blindness in Ghana and the World as a whole.

OSAG Zone Coordinator

# ANNUAL GOA PROGRAM

# 2017

## THE OCULUS VOL 1



DATE	ACTIVITY	BRIEF EXPLANATION
JANUARY	<ol style="list-style-type: none"> <li><b>ZONAL REORGANISATION</b> <ul style="list-style-type: none"> <li>Gh Opto DIASPORA zone</li> <li>OSAG zone</li> <li>Split of combined zones (CR/WR &amp; ER/VR)</li> </ul> </li> <li><b>MEETING WITH</b> <ul style="list-style-type: none"> <li>Employers</li> <li>Opticians</li> <li>Lens manufacturers</li> <li>Regular sponsors</li> </ul> </li> <li><b>ZONAL ELECTIONS</b></li> <li><b>Constituting GOA standing committees</b> <ul style="list-style-type: none"> <li>Education</li> <li>Finance</li> <li>Welfare</li> <li>Disciplinary &amp; legal</li> <li>Special project</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>To form a GH Opto Diaspora Zone to interact with colleagues outside of Ghana</li> <li>Upgrade OSAG to status of a zone</li> <li>Member data upgrade</li> <li>Ascertain challenges with employers</li> <li>Create employee/employers dossier</li> <li>Updating and interacting with sponsors</li> </ul>
MARCH 1st & 2nd Week 17th 23rd	<ol style="list-style-type: none"> <li><b>SCHOOL VISITS</b></li> <li><b>SPECIAL STAKEHOLDER MEETING</b></li> <li><b>WORLD OPTOMETRY DAY CELEBRATION</b></li> <li><b>MEETING WITH DIRECTOR EYECARE, GHS</b></li> </ol>	<ul style="list-style-type: none"> <li>Visit UCC and KNUST optometry students family meeting and sensitization</li> <li>Familiarization with eye care secretariat GHS</li> </ul>
APRIL 28th	<ol style="list-style-type: none"> <li><b>Publication of Optometry newsletter THE OCULUS VOL 1.... ISSUE 1</b></li> <li><b>National CPD 1 SCIENTIFIC REPORT WRITING</b></li> </ol>	<ul style="list-style-type: none"> <li>First GH Opto newsletter</li> <li>1st national CPD in Accra, (Legon business school)</li> </ul>
MAY	<ol style="list-style-type: none"> <li><b>Publishing of names of OD's in the daily graphic</b></li> </ol>	<ul style="list-style-type: none"> <li>Optometrists in good standing will be published in the newspapers</li> </ul>
JUNE 10th	<ol style="list-style-type: none"> <li><b>CPD II</b> <ul style="list-style-type: none"> <li>Ocular diagnostics VFT/GDX/OCT</li> </ul> </li> <li><b>NEC Meeting</b></li> <li><b>THE OCULUS VOL 1... ISSUE II</b></li> </ol>	<ul style="list-style-type: none"> <li>National CPD in Kumasi</li> </ul>
AUGUST	<ol style="list-style-type: none"> <li><b>CPD III</b> <ul style="list-style-type: none"> <li>REPEAT OF CPD II</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>National CPD In Cape Coast</li> </ul>
SEPTEMBER	<ol style="list-style-type: none"> <li><b>SCHOOL VISITS</b> <ul style="list-style-type: none"> <li>White coat ceremony</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>White coat ceremony for clinical year group</li> </ul>
OCTOBER 12TH-15TH	<ol style="list-style-type: none"> <li><b>WORLD SIGHT DAY</b></li> <li><b>ANNUAL GENERAL MEETING @ HO</b></li> <li><b>CPD IV</b> <ul style="list-style-type: none"> <li>BINOCULAR VISION III</li> <li>OPHTHALMIC DISPENSING</li> </ul> </li> <li><b>THE OCULUS VOL 1... ISSUE III</b></li> </ol>	<ul style="list-style-type: none"> <li>AGM beginning on the day of WSD with a school screening preceding</li> <li>AGM CPDs in HO</li> </ul>
DECEMBER	<ol style="list-style-type: none"> <li><b>THE OCULUS VOL 1... ISSUE IV</b></li> <li><b>Zonal get together (socialization)</b></li> </ol>	<ul style="list-style-type: none"> <li>Zonal activity</li> </ul>

# Ghana Optometric Association CPD Update 2017

The association in fulfillment of practice license renewal for our members, have scheduled the under listed programs for 2017, for your attention. These programs are part of the requirement as per the Allied Health Professionals Council regulations to accredit professionals.

Details as follows:

1. TOPIC: SCIENTIFIC RESEARCH REPORT WRITING / DATA COLLECTION  
DATE: Friday 28th April 2017  
DURATION: One (1) day  
VENUE: Accra  
FEE: 150 Cedis
2. TOPIC: VISUAL DIAGNOSTIC IMAGING, OCT/GDX/VFT  
DATE: Saturday 10th June 2017  
DURATION: One (1) day  
VENUE: Kumasi  
FEE: 150 Cedis
3. TOPIC: VISUAL DIAGNOSTIC IMAGING, OCT/GDX/VFT (repeat)  
DATE: Saturday 5th August 2017  
DURATION: One (1) day  
VENUE: Cape Coast  
FEE: 150 Cedis

And a compulsory

4. TOPICS: 1. BINOCULAR VISION III  
2. OPHTHALMIC DISPENSING  
DATE: Thursday 12th - Saturday 14th October 2017  
Duration: 3 days  
Venue: HO  
FEE: 500 Cedis

Minimum accreditation would require attending at least two of these sessions.

**NOTE:** ACCOMMODATION AND TRANSPORT NOT INCLUSIVE IN FEE



# EMERGENCY! GENERAL MEETING

At The Instance Of the Executive Council of GOA, All Members Are Hereby Summoned To  
**EMERGENCY GENERAL MEETING**     **DATE:** FRIDAY THE 28TH OF APRIL, 2017  
**TIME:** 9AM     **VENUE:** ACCRA, UNIVERSITY OF GHANA BUSINESS SCHOOL

## AGENDA

- **Ratify resolutions of the 2017 GOA stakeholder's meeting**
- **1st 2017 NATIONAL CPD**

**GET INVOLVED NOW !!**

**what may become known as " the OPTOMETRY ACCRA DECLARATION 2017"**

Start sending in your dues today, we cannot achieve anything with empty hands

**GCB Account**  
Korle Bu branch  
1131130000138

**Standard Chartered Bank**  
Liberia Road Branch  
0100113324900

**Mobile money number:** (Rosemond Attobrah) 0242040124  
Kindly send a notification of your payment via text or whatsapp to 0266822583 to enable receipt to be written appropriately.

## ARISE AND BUILD GHANA OPTOMETRY

**M** Meet Justice Martei Boye GOA  
Administrative Assistant

A graduate of the university of Cape Coast in economics and sociology. He has experience in sales and promotion

His hobbies are watching football and gaming. His appointment starts on the 1st of April 2017

*GOA welcomes you to the position and wishes you all the best*

Administrative Assistant.





**GHANA OPTOMETRIC ASSOCIATION**

**& ANNUAL GENERAL MEETING**  
**& Continuing Professional Development**  
**2017**

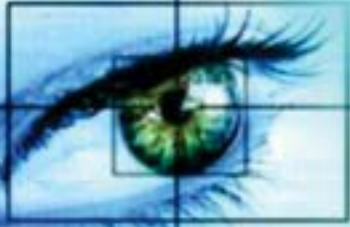
Theme:

**OPTOMETRY, SURMOUNTING CHALLENGES  
IN EYECARE DELIVERY**

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# ARISTOPHARMA LTD.

## Rediop

Dorzolamide 2% w/v &  
Timolol 0.5% w/v  
Sterile Eye Drops

## Avaprost

Travoprost USP 0.004% w/v  
Sterile Eye Drops

## Polydex-N

Dexamethasone 0.1% w/v  
Neomycin Sulphate 3500 IU/ml  
Polymyxin B Sulphate 6000 IU/ml  
Sterile Eye Drops

## Aristomol

Timolol  
Sterile Eye Drops BP 0.50% w/v

## Flucozol

Fluconazole USP  
Sterile Ophthalmic Suspension 0.3% w/v

## Olpadin

Olopatadine  
Sterile Eye Drops 0.1% w/v

## Aprocin

Ciprofloxacin  
Sterile Eye Drops & Ointment 0.3% w/v

## Stafen

Ketotifen  
Sterile Eye Drops 0.025% w/v

## Moxiflox

Moxifloxacin  
Sterile Eye Drops 0.5% w/v

## C-Pres

Brimonidine Tartrate 0.2% w/v &  
Timolol 0.5% w/v Sterile Eye Drops

## DRYLIEF

Carboxymethylcellulose  
Sodium Sterile Eye Drops 1% w/v

 ANSAPHARMA LTD.

 ARISTOVISION  
Ophthalmic Division of

 ARISTOPHARMA LTD.  
Manufacturer of Pharmaceutical Products



**ODs BREAKING FRONTS**

**Congratulations  
to our newly  
Commissioned ODs  
Into the  
Ghana Armed Forces**